

Listening Attentively
Lord, help me be present and listening!



HOW TO LISTEN WELL

- Make sure your body language and facial expressions assure them you are listening.
- Be responsive to what they are saying; show emotions such as empathy or joy.
- Good listening is a "waiting" skill.
- Do not necessarily give advice.
- Be truly interested in what they have to say.
- Build bridges for a deeper discussion.

